

Disability Awareness & Inclusion

Book Suggestions

Below you will find suggestions of books that could be used for story-telling, book reading and reading clubs.

Please review individual titles for age-appropriateness and suitability.

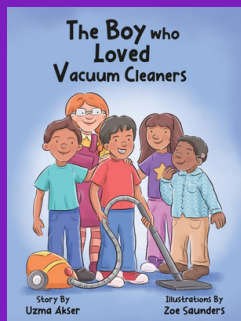


Jessica Goes Swimming

Jessica Goes Swimming is an inspiring story about believing in yourself and embracing what makes us different.



Suggested
Age:
Children

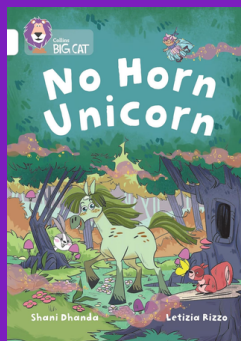


The Boy who Loved Vacuum Cleaners

Celebrate 'magical differences', encouraging us to move past stigmas and see the world through a lens of acceptance, compassion, and curiosity.



Suggested
Age:
Children

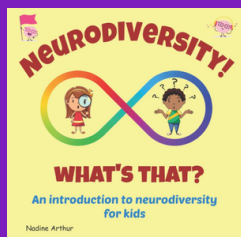


No Horn Unicorn

There's something different about Ugo the unicorn. All the other unicorns in Wildberry Forest have long, white horns, but not Ugo. Can Ugo show his friends that not every unicorn needs a horn?



Suggested
Age:
Children



Neurodiversity! What's That?

Understanding neurodiversity enables children and elders to learn about disability and differences positively, promoting self-esteem and acceptance.



Suggested
Age:
Twins



Unbroken: 13 Stories Starring Disabled Teens

This groundbreaking anthology features tales told from the viewpoint of disabled characters, penned by a talented array of disabled authors.



Suggested
Age:
Teenagers



The Invisible Disability And Me

A book to empower, educate and help those with hearing loss, of all severities. Learn useful tips & tricks for many situations; from meetings at work to those big social events



Suggested
Age:
Teens & Adults



Pure Grit

Nineteen people from across the globe, ranging in age from twenty to seventy-plus, tell their stories of living and thriving in diverse fields — in sport, the arts, medicine, business and more. Pure Grit shines a light on boundless possibility whatever the challenge.



Suggested
Age:
Adults

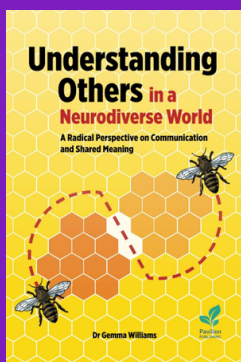


Better Late Than Never

Everything – and nothing – changed once Emma Mahony was diagnosed with ADHD at the age of 52. In Better Late Than Never she seeks to reduce the stigma around diagnosis as an adult, and provides support for anyone who finds themselves in the same situation or thinks they may suffer from ADHD.



Suggested
Age:
Adults



Understanding Others in a Neurodiverse World

offers a neurodiversity-affirming alternative by presenting a novel perspective on cross-neurotype communication, for example between autistic and non-autistic people.



Suggested
Age:
Adults